



### **The Pre-Hospital Environment**

- The role of FPOS
- Scene safety
- Minimising risk of infection
- Post-incident procedures
- Scene management
- Safety
- Triage

### **Patient Assessment**

- Communicating with patients
- Primary survey and assessment
- Safe moving and handling

### **Respiration and Airway Management**

- Recognition of respiratory problems
- Common breathing difficulties
- Basic airway management
- Causes of blocked airway
- Opening and maintaining a clear airway
- Choking
- Use of suction
- Removal of crash helmets
- Use of oro-pharyngeal airways
- Oxygen supplementation

### **Basic Life Support**

- Perform basic life support
- Recovery position
- Perform child and infant basic life support

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### **Defibrillation**

- Automated external defibrillation
- Normal / abnormal heart rhythms

### **Circulation and Shock**

- Recognition and initial care of haemorrhage
- Bleeding
- Shock

### **Medical Related Emergencies**

- Heart attack/angina
- Diabetes
- Stroke
- Epilepsy
- Unconscious patient
- Asthma / anaphylaxis

Extended Skills are dependent on course requirements, these can include; Cannulation, Fluid Therapy, Advanced Trauma – Chest, Abdominal, Head and Extremity (including Tourniquets and Haemorrhage management)

**Duration: 5 Days**